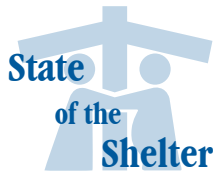


ANNUAL REPORT



Mary's Shelter in 2013 – *Changing Lives Two at a Time*

MISSION – WHAT WE DO AND WHY: *Believing that every life is a gift from God, Mary's Shelter empowers and equips vulnerable teen mothers and their babies for lives of dignity, hope and self-sufficiency.*

VALUES – HOW WE DO IT: *Mary's Shelter respects individuals at all stages of life and fosters loving, family-centered and faith-based values. Believing in new beginnings, we inspire and affirm residents' chastity, not premarital sex and contraception. Believing in the sacredness of life, we support adoption, not abortion.*

VISION – OUR OBJECTIVES: *Graduates of Mary's Shelter will break the negative cycle typical of teen pregnancy and succeed as nurturing parents and values-centered independent citizens.*

PROGRAM ACTIVITIES

ACCOMPLISHMENTS

Loving Care and Supervision

- Our program staff provided 54,515 hours of direct care for residents 24 hours a day, 365 days per year.

- 39 teen mothers and their 29 babies lived at Mary's Shelter for a total of 4,715 days.
- They had a safe and nurturing living environment, received nutritious meals, clothing for changing bodies, learned basic household skills (cooking, cleaning, laundry), and enjoyed social outings on weekends.

Access to Health Care

Our staff made appointments and transported residents to:

- 203 Prenatal care and Ultra Sound appointments.
- 319 other medical care appointments for teens.
- 26 E.R. visits and hospital admissions.
- 104 pediatric appointments for infants and toddlers.
- 12 teens attended our Childbirth Preparation classes.

- 10 babies were born to Mary's Shelter residents and every newborn was full-term (not premature) and had a healthy birth weight. Unfortunately one girl had a miscarriage early in her pregnancy.
- All babies received professional vision, hearing, language and dental screenings.
- All teens and babies received regular check-ups and immunizations and medical treatment when sick.

Parenting Education

- 20 girls participated in weekly prenatal parenting classes.
- 35 girls participated in weekly infant parenting classes.
- 8 girls participated in weekly toddler parenting classes.

All teens received individual parenting coaching and were given weekly goals for their parenting skills geared to their child's development.

- All 39 teen mothers acquired new parenting skills and met 89% of their weekly parenting goals based on documented observations by staff.
- Parenting success is measured in terms of both observations of bonding and attentiveness to one's child, and the child's developmental goals being attained.

Early Childhood Development

- 23 infants and 6 toddlers were cared for in our developmental daycare program while their mothers go to school.
- 4 toddlers attended an outside daycare program.
- 11 children were taken for developmental assessments.
- 2 children received interventions to foster their development.

- All children were assessed for target milestones in the areas of cognitive, communicative, social/emotional, adaptive, gross and fine motor skill development every three months. The children in our care reached 91% of their developmental milestones on time.
- Pre-school readiness is the goal for our toddlers to start them on a path of success in school and life.

Educational Progress

- 34 teens attended our own Mary's Academy to earn credits toward high school graduation.
- 4 girls attended local public high schools for an ESL program.
- Title I tutors at school plus our own volunteers tutored residents to help them meet their educational goals.

- With the support of our Case Managers, all girls made progress in their education:
- 4 teen mothers earned high school diplomas.
 - 1 teen mother received a GED.
 - 2 teen mothers enrolled in college classes.
 - 1 student received a scholarship.

Social Services

- Two full time social workers provided 4,071 hours of social work, including 87 hours of individual therapy and 5 hours of couples and family counseling.
- Outside mental health professionals provided an additional 280 hours of therapy to residents.
- Our professional staff also facilitated 54 therapeutic group sessions and screened 193 inquiries from pregnant teens and their families and from county social service agencies.

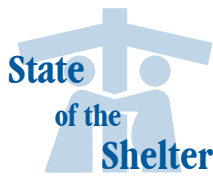
- Through counseling, girls began healing from past abuse or abandonment and learned coping skills for their future.
- Groups addressed issues such as healthy relationships, anger management, positive communication skills, sexually integrity, substance abuse, bullying, adoption, etc.
- 4 teens were reunified with their families.
- 4 teens legally emancipated as adults.
- 2 teens remained at Mary's Shelter after their 18th birthday as 'Non-Minor Dependents'.

Case Management

- Through individual monthly meetings, 2 full time Case Managers helped teens set 388 goals to prepare for emancipation as an adult and helped them reach these goals.
- They also coordinated 4 career assessments, helped 1 girl enroll in a job training class, 8 girls take computer classes, and attend 20 life skill classes through Orangewood Children's Foundation.

- Girls met 81% of their monthly case management goals in the target areas of Independent Living, Education/Vocation, Medical, Social/Emotional and Family.
- 4 teen mothers obtained jobs plus 2 teen mothers got volunteer experience in the community to build their resume for college and careers.
- With assistance from Case Managers, 2 teen mothers secured transitional housing and 4 obtained daycare for when they emancipated and moved from Mary's Shelter.

ANNUAL REPORT



CONTINUED – *Changing Lives Two at a Time*

Board of Directors

Sean Andersen – *Treasurer*
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 Marilu Morency – *President*
 Deacon Stan Necikowski
 Kathy Reese
 Masheed Saidi – *Chair*
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 Kathie Wickham – *Secretary*
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 Luke Ziegenmeyer

Executive Director


Barbara Nelson

Program Director

Clete Menke

Mary's Shelter

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 www.teenshelter.org
 info@teenshelter.org

 www.facebook.com/
 marysshelter

Non-profit Corporation:
 Tax ID # 33-0203768

Group Homes licensed by
 the State of California
 Licenses #306000793
 and #3006132911

GUARDIAN ANGELS

The following Guardian Angels made a current or planned gift to the Mary's Shelter Endowment Fund so that no pregnant teen who needs help ever has to be turned away for lack of funds.

Anonymous	Clete Menke
Edna and Dr. Julio Aljure	Barbara Nelson
Betty and Terrance Barry	Paul Peek (RIP)
Columbus Club of Garden Grove	Evie and Jerry Pilkington
Alyce and Fred Handal	Helice and Wayne Subcasky
Dolores Joerger (RIP)	Monica and Jonathan Wylie
Alison and John Konop	

Consider including Mary's Shelter in your personal estate plans. While you may only be able to make modest gifts now, a larger gift from your estate will continue your support for teen mothers and their babies well into the future, as part of your legacy.

Please notify the Executive Director at Barbara@teenshelter.org or (714) 730-0930 Ext. 19 if you have already named Mary's Shelter in your estate plans, for information on how to do so, or to make a gift to the Endowment Fund now. Everyone who makes a gift of at least \$10,000 now or designates a planned gift of any amount to Mary's Shelter is considered a Guardian Angel – **and we want to thank you!!**

COMMUNITY RESOURCES

517 Individuals and families contributed \$242,122
 60 Corporations and small businesses contributed \$19,911 in cash plus donated auction gifts
 248 guests contributed another \$157,765 at our special events
 11 Churches and 31 Religious and Civic Groups contributed \$48,951
 7 Private Foundations made grants totaling \$120,675
 4 counties paid AFDC subsidies for girls in foster care totaling \$1,454,493
 30 individuals regularly volunteered to enhance our program services

COMMUNITY PARTNERS

Mary's Shelter collaborates with the following service providers and agencies to ensure that the teen moms and babies in our care receive all of the services they need to thrive.

For prenatal care, Mary's Shelter collaborates with three OB/GYN physicians, St. Joseph Pavilion for fetal monitoring and ultrasounds, the DOULA Association (birthing coaches), B4 the Stork for 4D ultrasounds and St. Joseph Hospital's Mother-Baby Assessment Center.

For child health and development services, Mary's Shelter collaborates with two pediatricians, CHOC, the Family Support Network (developmental assessments), the Orange County Regional Center (developmental interventions), Head Start, Public Health Nurse Perinatal Assessment Team, Orange County Child Abuse Prevention Center and ICEC (Intervention Center for Early Childhood).

For our teen mothers, Mary's Shelter collaborates with the Orange County Department of Education (ACCESS teacher), Trinity United Presbyterian Church (classroom and staff parking), St. Joseph Heritage Medical Group for primary health care, plus optometrists, dentists and specialists as needed, and we partner with Pacific Clinics to provide mental health services. We also recommend the services of three licensed adoption agencies (A is for Adoption, Kinship Center and Night Light Adoption) to any adoption-minded residents.

FINANCIAL REPORT

For the 12 months ended September 30, 2013

This is a brief summary of the independent financial audit. Donors may view a copy of the complete audited financial report on our website.

Revenues		Expenses		Balance Sheet	
Government Subsidies	\$ 1,434,896	Program Staffing	\$ 1,213,893	Assets	
Individual Donations	\$ 224,466	Other Program Costs	\$ 407,280	Current Assets	\$ 861,518
Churches & Groups	\$ 53,059	Administration	\$ 94,188	Fixed Assets	\$ 652,670
Corp. & Fndn. Grants	\$ 113,175	Fund Development	\$ 131,943	Endowment	\$ 178,712
Special Events NET	\$ 127,632	Total Expenses	\$ 1,847,304	Total Assets	\$ 1,692,900
Donated Svc & Equip	\$ 19,963			Liabilities	
Investment Income	\$ 39,294	Net Operations	\$ 186,329	Current Liab.	\$ 82,420
Other Income	\$ 9,572			Long-term Liab.	\$ - 0 -
Total Revenues	\$ 2,033,633			Total Liabilities	\$ 82,420
				Net Assets	\$ 1,610,480
				Total Liabilities & Net Assets	\$ 1,692,900

Financial Note: Donors will appreciate that again in 2013, 88 cents of every dollar was used directly for program expenses to care for teen mothers and their babies.