

We are passionate about healing individuals, families and communities challenged by substance use disorder and related mental health conditions.

# **Phoenix House Orange County**

1207 East Fruit St. Santa Ana, CA 92701 714 953 9373

## Admissions 1 800 378 4435

### **Payment for Services**

- Health insurance plans accepted
- Private pay options available
- Government assistance offered to those who qualify (with sliding scale for co-payments)



For more information: 1 800 378 4435

www.phoenixhouse.org

# Phoenix House Orange County Adult Residential & Outpatient Services



Since opening its doors in 1979, Phoenix House Orange County has helped save lives, reunite families, and strengthen communities. Located in a historic, Mission-style building on park-like grounds, Phoenix House provides a broad spectrum of residential and outpatient services to help clients break the cycle of substance abuse. Our clients create individualized treatment plans, designed to elevate their strengths and promote personal growth. Phoenix House offers separate, gender-responsive, trauma-informed residential treatment for women and men. Our caring staff provides also outpatient and intensive outpatient services, as well as recovery support.

### **Treatment Philosophy**

Phoenix House provides an environment in which change is possible. Our highly-structured treatment approach features state-of-the-art evidence-based curriculum and counseling by experienced and well-trained professional staff. We address the underlying causes of alcohol and drug abuse, including medical, psychological, and social triggers. Family reunification is a crucial step in the recovery process.

#### **Our Services**

Providing a flexible length of stay, our program includes a demanding regimen of evidence-based therapy groups and individual counseling sessions. We also help residents achieve and sustain recovery through:

- Assessments & treatment planning
- Case management & referrals to services
- Independent living & life skills development
- Vocational & job readiness services
- Housing assistance & sober living programs
- Evidence-based & trauma-informed practices
- Parenting classes
- Literacy improvement
- Anger management
- Physical fitness activities
- Health education
- Dual diagnosis support