



Phoenix House Orange County

Adult Outpatient & Intensive Outpatient Services

We are passionate about healing individuals, families and communities challenged by substance use disorder and related mental health conditions.



Admissions
1 800 378 4435

Phoenix House Orange County
1207 E. Fruit Street
Santa Ana, CA 92701
(T) 714 953 9373

Payment for Services
- Most health insurance plans accepted
- Government assistance offered to those who qualify (Drug Medi-Cal)



www.phoenixhouse.org

For more information:
1 800 378 4435

Phoenix House's Outpatient Programs provide substance abuse and mental health treatment services to adults with an identified need for this level of service. The agency offers individual and group counseling, educational workshops, and family therapy. Intensive Outpatient Services serve as step down from Residential Treatment, a step up from Outpatient Services, and an initial option for clients who meet admission criteria with no previous treatment history. Regular Outpatient Services feature six hours of treatment weekly, while Intensive Outpatient Services includes a minimum of nine hours of treatment activities per week.

Client Population: Phoenix House Outpatient Services are designed for adults (18+ years old), with a history of drug and alcohol abuse, as well as emotional or behavioral disorders.

Program Components: Phoenix House treatment services include evidence-based cognitive-behavioral practices, enhanced family services, and the tools and concepts of the self-help recovery philosophy. Clients attend counseling sessions and follow customized treatment plans that involve families in their treatment. Individual, group, and family counseling is delivered by experienced mental health and substance abuse professionals. Completion of the program is determined by maintenance of sobriety, and preparation of personal plans for relapse prevention and the life in recovery.

Treatment Planning and Case Management: A comprehensive assessment is completed within the first week of admission. Clear, reasonable, and objective treatment goals are set with the client according to the diagnosis and severity of problems. The frequency and duration of outpatient visits are based on the individual's progress toward his or her goals. Treatment plans include referrals to appropriate professional and community resources.

Accreditation: The program is certified by the California Department of Health Care Services, and accredited by CARF – the Commission on Accreditation of Rehabilitation Facilities. Financial support for Phoenix House Outpatient Services is provided by the Orange County Health Care Agency and other public and private funders.

rev. 3/2018