

# Orange County Recovery Center



## **Phoenix House Orange County**

1207 East Fruit St.  
Santa Ana, CA 92701  
714 953 9373

## **Recovery Center Hours**

Weekdays: 12pm – 8pm  
Saturdays: 8am – 4pm

## **Program Coordinator**

Darrol Monfils  
714-953-9373 ext. 4813  
DMonfils@phoenixhouse.org

## **Recovery Coach:**

714 953 9373 ext. 4833  
714 953 9373 ext. 4836

**The Orange County  
Recovery Center is  
fully funded by  
the Orange County  
Health Care Agency.**

[www.phoenixhouse.org](http://www.phoenixhouse.org)

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Services at the Orange County Recovery Center include practical, social and emotional support, peer mentoring and leadership opportunities, vocational advancement services, sober recreation activities, and assessment and referrals to community-based providers. Services are free to Orange County residents and take place on weekdays from 12 noon to 8 p.m. and on Saturday mornings from 8 a.m. to 4 p.m. We welcome all community members and offer:

- **Recovery Coaching** – Recovery Coaches (staff) help participants identify personal recovery needs, strengths, and obstacles; while developing a “recovery roadmap” and providing ongoing support.
- **Recovery Mentoring** – Recovery Mentors (peers in recovery) volunteer to guide others and offer one-on-one emotional support and problem-solving.
- **Peer Support Groups** – co-facilitated by peer leaders, these groups include a women’s group, a men’s group, a young adult group, a veterans group, an LGBT group, and on-site 12-Step meetings.
- **Recovery Telephone Check-in** – participants may register to receive weekly or monthly telephone check-ins from peers, including text-based conversations.
- **Recovery “Warmline” (714 953 9373 ext. 4833 & 4836)** – free for all clients and managed by the Center’s staff, trained in dealing with emotional distress and problem-solving.
- **Facebook Page and Group** – social media resource for the clients to post comments, pictures, and stay in touch.
- **Social Events and Recreation** – include holiday parties and celebrations, field trips to local attractions and sporting events, monthly sober dances, art classes, chess/dominoes, yoga/meditation, exercise, book club, etc.
- **Education Sessions and Workshops** – staff and guest speakers discuss resumé building, job search assistance, housing assistance, budgeting, health education and referrals, relapse prevention, stress and anger management, spirituality and recovery, physical fitness, and more.
- **Peer Leadership Training** – opportunities for volunteers to foster their leadership skills and deepen their own recovery.
- **Referrals to Additional Services**